



# St Nicholas at Wade Primary School

# SEN NEWSLETTER

## Welcome to Our First SEN Newsletter!

This newsletter will be a regular place for you to find updates on SEN developments within our school, as well as news, resources, and opportunities from outside agencies and local support networks. Whether it's new strategies, events, or useful links—we'll keep you informed every step of the way.

### SEN Action Teams

At St Nicholas at Wade Primary School, we are thrilled to launch our brand-new **SEN Action Teams**—a fresh and exciting initiative designed to enhance the support we offer to our pupils with Special Educational Needs.

These dedicated teams are made up of passionate, enthusiastic staff members who are each focusing on a key area of SEN:

- **Dyslexia**
- **Autism**
- **ADHD**
- **Speech and Language**

Each team will work to deepen staff knowledge, share best practices, and support our children more effectively in these areas. But this isn't just about staff—we want to build a strong, supportive community around SEN that includes you, our parents and carers. We believe that combining professional expertise with the lived experience and knowledge of our families creates the most powerful support for our children.

If you have any resources, ideas, or experiences you'd like to share, we'd love to hear from you! Please feel free to contact:

### SENco

Mr Neal



### SENco Assistant

Mrs Patrick



**In Term 2,**  
**we will be introducing an exciting new initiative.**  
**Watch this space!**





# NOTICE BOARD



North East London  
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## Re-Introducing the Emotional Wellbeing Team at St Nicholas-at-Wade Primary School.

The Thanet Emotional Wellbeing Team (EWT), known nationally as Mental Health Support Teams, are pleased to continue to offer support to St Nicholas-at-Wade Primary School. Emotional Wellbeing Practitioners (EWPs) are hoping to get to know you and your child over the coming weeks and months, offering support when needed and finding out your ideas about how we can all work together to support the emotional wellbeing and mental health of students at St Nicholas-at-Wade Primary School.

For information about the EWT and to access additional resources, please scan the QR code to visit the website:



### *How does my child access this support? How do I access this support?*

Your child may be included in whole school initiatives, for example, assemblies and classroom-based activities that raise awareness about emotional wellbeing and mental health. In addition, children with a specific identified emotional wellbeing need (e.g., worry) may be invited to join a group or workshop, and you will be informed if your child is included. Groups and workshops for parents (e.g., 'Understanding your child's behaviour') will be advertised by school.

If you would like to request targeted support from the EWT for support with your child's emotional wellbeing, or would like to discuss any of the above information, please contact the Senior Mental Health Lead within your child's school – Mr Neal.

**If you require urgent help or support regarding your child's emotional wellbeing or mental health, please call NHS 111 (option 2) or the NELFT Children and Young People's Mental Health Service (CYPMHS) Single Point of Access on 0800 011 3474**

We hope that this information is helpful to you. We are very much looking forward to working together.

Yours sincerely,

Jemma Rees, Locality Clinical Lead  
Kent EWTs

Being away from caregivers

General worries

School worries

## DOES YOUR CHILD HAVE PROBLEMS WITH ANXIETY?

Bedtime fears

Social worries

Phobias (e.g. spiders, dogs, injections)

& more

### OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



### HOW TO ACCESS OSI

If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.



We are kind.



We are respectful.



We work together with our communities.

## Online Courses November-December 2025

Course Code	Course Title	Start	End	Day	Start Time	End Time
152464	Autism Awareness	05/11/25	26/11/25	Weds	19:00	21:00
152467	Supporting Your Child's Anxiety	26/11/25	26/11/25	Weds	19:00	21:00
152468	Managing Sleep	01/12/25	01/12/25	Mon	10:00	12:00
151889	Managing Children's Behaviour	02/12/25	02/12/25	Tues	09:30	11:30
152472	Exploring Behaviour Strategies	02/12/25	02/12/25	Tues	10:00	12:00
152481	Supporting ADHD in the Home	03/12/25	17/12/25	Weds	09:30	11:30
152469	Supporting Your Teenager with their Mental Health	03/12/25	03/12/25	Weds	19:00	21:00
152012	Strategies To Support your Teen's Positive Friendships Webinar	08/12/25	08/12/25	Mon	19:00	21:00

To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.



To book your place on one of these FREE courses,  
scan the QR code or go to  
[www.kentadulteducation.co.uk](http://www.kentadulteducation.co.uk)

and enter the course code into the search box.

For further information email  
[businesssupport2@kent.gov.uk](mailto:businesssupport2@kent.gov.uk)

Call 03000 41 22 22



Kent Adult Education is part of  
Community Learning and Skills

[kentadulteducation.co.uk](http://kentadulteducation.co.uk)  
Bringing learning to life



# Online Parent Groups

Supporting your child with their emotional wellbeing  
For parents of children at primary school

## Supporting Your Child with Fears & Worries

Starting 4th November 2025

Are your child's worries and fears starting to impact their day to day life? This course will provide you with an understanding of how fears and worries develop in children, as well as **evidence-based strategies** and guidance to support your child with overcoming their fears and worries. This online group runs for **6 weeks** and are run regularly throughout the year.

## Understanding Your Child's Behaviour

Starting 3rd November 2025

Are you currently experiencing difficulties with your child's behaviour? This course will provide you with evidence-based strategies to promote a **positive relationship** with your child, supporting them with their emotion regulation and addressing any concerning behaviours. This online group runs for **7 weeks** and are run regularly throughout the year.

**For more information and to request support, please speak  
to your Senior Mental Health Lead at your school**

We look forward to meeting you.

