

DAIRY FREE MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Sweet Potato & Bean Pie ^{VG} Jackets with a Choice of Toppings ^{8,9} Peas Carrots Peach Crumble ^{1 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Beef & Onion Pie ¹ Jackets with a Choice of Toppings ^{8,9} New Potatoes Seasonal Vegetables Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Roast Gammon & Gravy Bean Chilli with Baked Tortilla Chips ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Rustic Roast Potatoes Broccoli, Sweetcorn Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Chicken Fajitas ^{1,4} Tomato Spaghetti ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Rice Cauliflower, Carrots Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Fish Fingers ^{1,8} Jackets with a Choice of Toppings ^{8,9} Chips, Peas Baked Beans Carrot Sticks Oaty Biscuit ^{1,15 VG} Fruit Pots ^{VG}
WEEK 2	Chicken Pie ¹ Jackets with a Choice of Toppings ^{8,9} New Potatoes Seasonal Vegetables Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	BBQ Pulled Pork Loaded Wedges Herby Tomato Penne Pasta ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Sweetcorn, Courgettes Chocolate Pudding ^{1,9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Roast Chicken & Gravy BBQ Vegetable Burrito ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Rustic Roast Potatoes Cabbage, Carrots Fruit Jelly ^{VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Vegetable Hot Pot ^{1,6 VG} Jackets with a Choice of Toppings ^{8,9} Carrots Green Beans Peach Sponge ^{1,9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Chicken Bites ¹ Jackets with a Choice of Toppings ^{8,9} Chips, Peas Baked Beans Coleslaw ⁹ Ginger Biscuit ^{1 VG} Fruit Pots ^{VG}
WEEK 3	Sweet Chicken Curry Jackets with a Choice of Toppings ^{8,9} Rice Seasonal Vegetables Apple Crumble ^{1 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Sausage Roll ^{1,6} Quorn Sausage & Gravy ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Mashed Potato Baked Beans, Broccoli Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Roast Pork & Gravy Samosa Puff ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Rustic Roast Potatoes Green Beans, Carrots Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Loaded Cajun Bean Wedges ^{VG} Jackets with a Choice of Toppings ^{8,9} Sweetcorn Peppers Lemon Drizzle Cake ^{1,9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Fish Fingers ^{1,8} Jackets with a Choice of Toppings ^{8,9} Chips, Peas Baked Beans Cucumber Sticks Fruit Pots ^{VG}
WEEK 4	Jerk Chicken Tomato & Herb Pasta ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Sunshine Rice Cauliflower, Carrots Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Singapore Noodles ^{1,3,16 VG} Jackets with a Choice of Toppings ^{8,9} Seasonal Vegetables Jam Tart ^{1,6 VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Roast Chicken & Gravy Jackets with a Choice of Toppings ^{8,9} Rustic Roast Potatoes Cabbage, Peas Fruit Jelly ^{VG} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Penne Bolognese ¹ Rice & Bean Burrito ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Baked Wedges Green Beans, Sweetcorn Beetroot Cake ^{1,9} Mr Nourish Biscuit ^{1 VG} Fruit Pots ^{VG}	Fish Fingers ^{1,8} Vegetable Pastie ^{1 VG} Jackets with a Choice of Toppings ^{8,9} Chips, Peas Baked Beans Coleslaw ⁹ Vegan Brownie ^{1 VG} Fruit Pots ^{VG}

KEY:
VG Vegan
V Vegetarian

AVAILABLE DAILY:

Selection of Salads ⁹,
Homemade Bread ^{1,3,7,9}.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK
OUT FOR
OUR THEMED
DAYS!



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard
5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten