



# Year 5 - Term 3 Homework

Our topic this term is:

## Blood Heart



### Topic Homework

Here are some ideas for this term's homework, pick one (or more) or think of your own:

- ♥ Create an exercise plan for maintaining a healthy heart.
- ♥ Be kind to your heart! Research information and plan ideas for a weekly menu of food that your heart would love. Spinach, porridge, blueberries, salmon and soy protein are all heart-healthy.
- ♥ Design and make decorative heart-shaped tokens to give to someone close to your heart.
- ♥ Find out about the historical tradition of Valentine's Day. Why are hearts traditionally used as symbols of love?
- ♥ Look out for heart shapes around you – in decorative ironwork, embellishments in clothing and jewellery, and even in nature itself. Photograph your findings and make a colourful montage.
- ♥ Think about what is meant by 'heart-stopping'. Write about a 'heart-stopping' moment in your life. Describe to another person the bodily sensations experienced, and then capture the moment in words as accurately as you can.
- ♥ What does the phrase 'blood is thicker than water' mean? Write a short story using this as a title.

To be completed by: Monday 5<sup>th</sup> February 2024



### Key Vocabulary

artery  
blood vessel  
capillary  
cardiology  
circulation  
deoxygenated  
dissection  
heart  
intravenous  
nutrients  
organ  
oxygenated  
platelets  
plasma  
veins

### Maths Homework

Practise times tables ready for the Maths Rock Star Challenge!

My Maths activities will be set over the course of the term to consolidate our learning in class.

### English Homework

Children are expected to read every night and have their books signed.

These are the spelling rules and patterns we will be focusing on this term:

Week 1: Words ending in **able**

Week 2: Adverbs of time

Week 3: Adding suffixes to -fer words

Week 4: Silent first letters

Week 5: Silent Letters

Week 6: Challenge words