



# Are you school ready?



When your child starts school there are a number of skills that they should ideally have mastered.

## Self-care & Independence:

- I know when I need to and I can wash and dry my hands without help
- I can wipe my nose
- I can ask for help when I don't feel well
- I can go to the toilet independently
- I can put on/fasten my coat and shoes
- I can button/unbutton my clothes
- I am happy to be away from my parents or carers. I know they will be back soon.
- I can tidy my belongings and look after my things

## Speaking and listening:

- I can ask an adult for help
- I can talk about my feelings and needs
- I can follow simple instructions
- I am able to sit still and listen for a short while
- I understand the need to follow rules

## Eating and drinking:

- I can use a knife and fork
- I can open my food packages independently
- I can drink from a water bottle, carton or open cup

## Literacy and writing skills:

- I am interested in reading stories/rhymes and looking at picture books
- I am practising recognising my own name when I see it written down
- I like tracing patterns and colouring in
- I enjoy experimenting with different shaped squiggles
- I am practising holding a pencil

## Counting skills:

- I can count a small number of objects
- I like to say number rhymes/songs and play counting games
- I am learning to say numbers to 10
- I recognise some numbers

## Routines:

- I have practised putting on my uniform and getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I am learning to eat at the times I will on school days

## Playing with others:

- I can share toys and take turns
- I can play games with others
- I can interact with other children

Use this sheet as a guide to help track your child's progress

